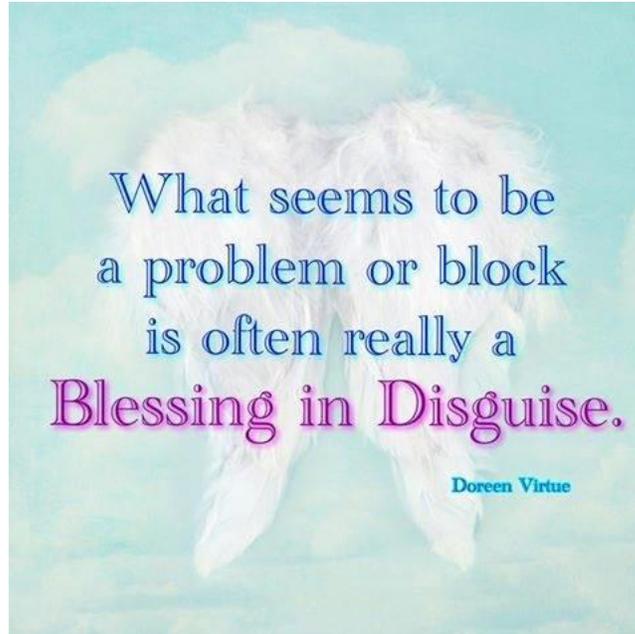


True-Living: Blessing in Disguise

By Mary Ann Pack

“What seems to be a problem or block is often really a blessing in disguise.” ~Doreen Virtue



What blessing are you missing because it's disguised?

Do you have eyes to see?

When a problem comes our way, that problem is only one side of the coin. The coin has two sides. Flip the coin over and look for the blessing that will be the seed of equivalent advantage!

When we focus on something--whether a problem or a blessing--the universal law of attraction says that whatever you focus on will expand. So, if you are focused on the problem—the problem will expand. If you, on the other hand, focus on the blessing—the blessing will expand!

What blessings or assets can you find in your life if you really started looking?

We are admonished in the Bible, “...*whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.*” ~*Philippians 4:8*

Why do you think we are told to think about things that are true, honest, just, pure, of good report, virtuous or praiseworthy? Because God knows the laws which he created to govern the universe!

He created the law of attraction—no different than he created the law of gravity. Laws never stop working; they work whether we acknowledge or understand them. They keep working if we use them to our benefit or we suffer by our own default mode. It's our own fault if we are unwilling to learn how to use the laws and understand how God's laws work. He put them in place for our benefit!

We never have to worry that the law of gravity will decide to quit working and we are hurled into space. We benefit from understanding the law of gravity every time we get on an airplane. The engineers understood the law of gravity and worked with it for our benefit.

Learn to utilize the blessings of the laws of the universe for your benefit. Focus on good things. Focus on your blessings and you will see a change in your life for the better.

I encourage you to make a list of your blessings or assets today. Begin to look inward at what's important to you.

Maybe you'll be able to just take off and fill the page. Or, maybe you'll be able to acknowledge a few things and then get stuck.

Keep pursuing the search and you'll begin to find more and more blessings to be grateful for!

List all the things you can see in your life as a blessing and asset that brings value to your life.

Write individual blessings on slips of paper and put them in a large jar over the year. At Thanksgiving bring out the jar and let everyone read the slips of blessings until the jar is emptied. Or, if you are feeling a little blue, pull a blessing out of the jar and read them until you regain your grateful attitude!

More blessings will begin to come into your life as you acknowledge what you are already blessed with. Open your inner eyes to see your assets. Allow the law of attraction to bring more into your life for which to be grateful!!

Make it a blessed day!

Dream – Grow – Live!

~Mary Ann Pack
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