

True-Living: Don't Let Your Past Be A Thief

By Mary Ann Pack

"When your past calls, don't answer. It has nothing new to say." ~Anonymous



Do NOT give any time, energy or thoughts to the past. It is a thief!

If you engage in a conversation with the past, it will waste your time--and time is your LIFE! So it is stealing your life.

Would you welcome a thief into your house and strike up a conversation with him as he's loading up his goody bag with your possessions? NO!

Stop entertaining and conversing with your past. Take what lessons need to be learned and apply them for wisdom of actions today.

Your past is your past for a reason. It is not your future and it is not your "now" UNLESS you choose to let it be--it's up to you.

If you'll remember, one of the Biblical 10 Commandments is, "Do not steal." When I studied with

the rabbis, they taught that it is not just material possessions that can be stolen from another, but also, when you are wasting someone's time which is their life--including your own--that is stealing.

Please don't waste your life on visiting your past. Move on....

Dream - Grow - Live!!

~Mary Ann Pack
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