

Envision Greatness, LLC

Presents...

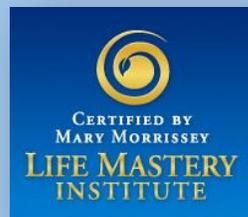


True-Living for Retirees

With

Mary Ann Pack

Certified Dream Builder Life Coach



<http://True-Living.net>

Welcome to ...

True-Living for Retirees!

This program is designed for living your fullest, expanded potential throughout your retirement years. If you are nearing retirement or are already retired, this program will help you design and create an amazing retirement that will fulfill your soul's purpose. With weekly calls meeting via teleconference, you may participate from anywhere in the world!!

Here are a few questions to ask yourself:

- Have I been LOVING the life I'm living?
- Do I look forward to each moment, passionately loving, living with vibrant health, and living in financial prosperity?
- Am I a bit bored with retirement and KNOW there is something I'd love to do with my time?
- Do I know how to implement my ideas or do I not know where to start?
- I know I want to make a difference during my retirement, but how? What do I really want to do with the rest of my life?
- I want to improve my health, but how?
- I'm thinking about starting a business, but what kind?
- I have a dream (trip; bucket list; business; relationship) that I would love to achieve, but how do I get there from where I am?

We all want our lives to count for something good! To be able to say at the end of life, "Wow! That was quite an exciting ride! It is well with my soul."

As a retiree or someone nearing retirement, you have experienced much in your life and have gained great wisdom that needs be shared with the world around you! Your community, congregation, charity or social group needs to experience the wisdom that only

YOU can offer. Because we are individuals, each of us has a message from our life experiences that must be delivered by each individual. No one else has gained the exact same knowledge and wisdom your years have taught.

It's so important that each one of us live life to the fullest expression and from our highest calling. The world is waiting to hear your message!

Are you ready to live your wisdom years with purpose and live out the dreams you've always wanted to achieve? We all know life can become a rut doing the same things, day in and day out.

It may be time to step back and ask yourself what will fulfill YOU during your retirement years. Do you want to continue living the same year over and over, or do you want to live a brand new year, each and every year?

If you are a bit discontented with your prospect of retirement years and long for a fulfilling life, consider this as YOUR invitation to your retirement dream life!



Mary Ann Pack & Mary Morrissey

Mary Ann Pack's mentor and life coach, Mary Morrissey, and founder of Life Mastery Institute says, *"Do what you can, with what you have, where you are now!"*

Maybe you'd like to see yourself living a richer, more fulfilling life while giving back to the world. Maybe you'd like to be more productive, creative, spiritual, compassionate, and financially sound. If so, you are in a perfect position to build your dream retirement life!

What is True-Living for Retirees?

This is a small group experience that will help retirees live fulfilling, productive and giving lives. You know you have dreams and desires to have a delightful retirement. You know you have wisdom and knowledge from life experiences. You know you want your life to be counted for good in the world. And, you know you want it to be fun!

This program will help you discover what is important for your retirement years and what you'd like to accomplish. You will be asked to look inward and find your dream that would fulfill you, as well as, giving to others. **You'll answer the question, "What would I love?"**

We've all heard of bucket lists, but how many folks have had the courage to achieve the goals listed? This program will help you find that creative energy, allow you to imagine doing something wonderful and actually take the steps to follow through with living that true life of your highest calling. Most of all, it will be fun!!

The Dream Builder

We will use a program entitled, The Dream Builder, which has been proven for over 30 years with great success. We will have weekly group calls where we will share new insights, lend support to our fellow retirees of the group, have question and answer sessions and get to know one another in the process. **With weekly calls meeting**

via teleconference, you may participate from anywhere in the world!!

Creating a great support system and holding one another accountable is so important to reaching our goals. Meeting new people and creating lasting friendships are my favorite parts!

Each small group will be limited to five (5) participants so that we will have ample time to have open discussion on the calls. There may be exceptions to this limited participants' rule, if a group of retirees would like to sign up together—such as a group of friends, club or Sunday school class.

Allow me to take a moment and introduce you to The Dream Builder program that will be used during our True-Living for Retirees sessions.

The Dream Builder is a 12-week program with weekly coaching session calls. Participating in this program is where the adventurous retiree begins to transform their lives into the life they would love to live!

In Dream Building, you will learn to **Blueprint** your dream, **Bridge** the Gap from where you are to where you want to be, **Build** step-by-step plans and sets goals, and **Become** the person who harvests your dreams!



Many times we think we should be able to accomplish our dreams all on our own. **But in reality, how many times do we actually succeed in living our dream life all on our own?**

If you could accomplish all this on your own, wouldn't you already be doing so? Sometimes,

we all need a little extra help realizing our dream life or what it will look like. We need some guidance to find our own answers and direction to navigate that huge gap of where we are now and where we'd like to be in the future. We need accountability and support, too. We need folks who will believe in us when we don't believe in ourselves. Encouragement and a support system is a huge part of success!

I know I have needed help in my life. That's why I've invested in myself over the years; and continue to invest in myself. My life and dream is THAT important to me. Spending time and money for studying how to transform my life into the life I love by hiring coaches.

Every day we invest in our lives in some way or another—taking care of our bodies, getting physical check-ups, feeding ourselves, maintaining our personal hygiene, learning new things from others or books that makes our lives more fulfilling, asking advice from dear friends or family, exercising or hiring a trainer, learning advanced skills to increase our value at work, learning hobbies, going to religious gatherings to grow spiritually, or organizing groups that meet a need in our communities, etc.



“Only 12 weeks for transformation that lasts a lifetime!”

~Mary Ann Pack

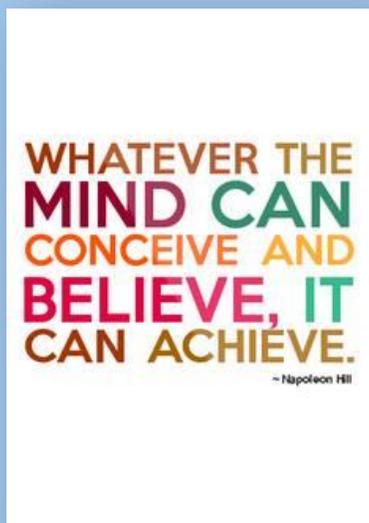
We address all four domains of life—health, relationships, career or our creative expression, and finances. **We will ask the most important question, “What would you love?”** You will learn to test your dreams to make sure that they are aligned with each domain and your life's purpose.

We test your dream by asking these five questions:

1. Does imagining living my dream give me more LIFE?
2. Does this dream align with my CORE VALUES?
3. Will creating this dream cause me to GROW?
4. Does my dream require help from a HIGHER POWER; a help greater than my intellect?
5. Will creating this dream bring GOOD FOR OTHERS?

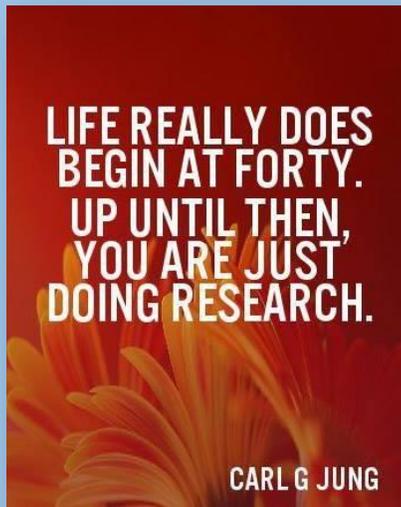
By increasing your sense of deserving you will allow increasing amounts of good in your life. Giving and receiving is an important life lesson.

Sometimes we experience fear and anxiety when we approach the unknown or something totally new to us. That's perfectly normal, but you'll learn to befriend fear—learn of its source and how to transform it into motivation, even when you're afraid. You will learn to welcome a greater flow of abundance and evolve perception patterning.



You will learn to listen to the still small voice, harness the power of believing and turn failure into stepping stones. Napoleon Hill states in his book, Think and Grow Rich, "Every adversity brings with it the seed of an equivalent advantage." You will begin to be able to see obstacles as opportunities! Failures as feedback.

*The real gift of DREAM BUILDING is
who YOU become in the process!*



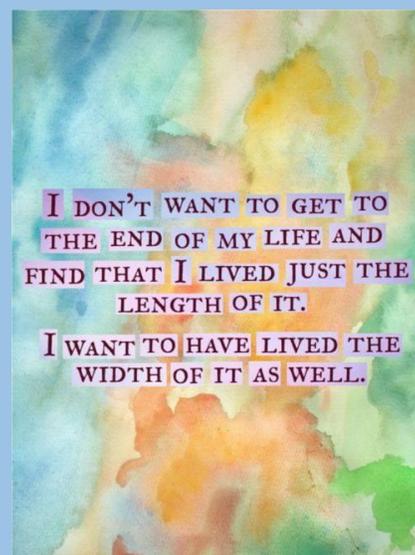
If you are interested in scheduling a True Living Strategy Session to see if you are a good match for this program AND if we are a good coaching match, please contact me. A True-Living Strategy Session is a 30-minute private call that I would be happy to offer you complimentary (\$250 value). Together, we will be able to identify your dream and evaluate the benefits towards your life transformation.

Whether you choose private (one-on-one) coaching or decide to join one of our True-Living for Retirees small groups, you will reap greater benefits as you delve in and listen to the weekly CD's, complete the workbook assignment and life mastery assignment.

What you choose to put into life is what you will receive in return! Make your Retirement extraordinary!

This life coaching experience will be as successful for you as you decide to make it. I promise to give my time and attention to you, my client, and intend to make every effort as I commit myself to your dream retirement. It will take effort and full commitment on your part, also.

Is your dream retirement important enough for you to commit to a 12-week program? As you begin to see positive



changes in your life and circumstances, your enthusiasm will grow. There may, also, be times that you just want to quit. You start to feel discouraged, or that it is just too hard and painful to continue, but that's exactly the time you're ready to take a giant leap forward towards your retirement dream life! This is why life coaching and a great support system is imperative for your success!

Special One-on-One Bonus Call!

As a way of saying thank you for completing True-Living for Retirees group coaching, you will receive a complimentary special bonus call one month after our last group call! This will be a scheduled private, one-on-one call with Mary Ann. She wants to check in with you, personally. This is the time to to celebrate your successes in dream building! This is, also, a great time to ask her questions. Please accept this gift as Mary Ann's thanks for coaching with her.

True-Living for Retirees Facebook Group Bonus!

Once you join a session, you will be added to the True-Living for Retirees Facebook Group. It's a special group set up specifically for retirees to interact, get support and ask questions. By accessing this group, you will receive additional support as you continue to build your dream retirement life! Specials for new groups and events will be offered through this group page.

How do I join True-Living for Retirees?

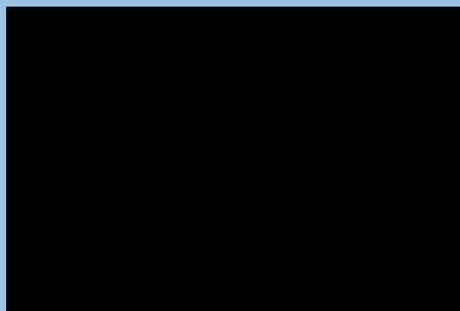
1. Send an email to maryann@true-living.net and request your True-Living Strategy Session call. This call is 30-minutes and will give us the opportunity to meet each other and verify that we are a coaching match. This is when you will be presented with an offer to join a group session or private coaching. Prices vary with session requirements. Some partial scholarships are available.

2. Visit the True-Living website and check the calendar for a True-Living for Retirees session that would accommodate your schedule. New sessions form regularly. <http://true-living.net/Events>
3. You may email maryann@true-living.net anytime with questions.
4. You may, also, call Mary Ann at (903) 227-0273. If unavailable, please be so kind to leave a message as she may be in a coaching session.
5. Forward this email brochure to friends and family members!
6. Organize a group and receive half off your program's price!
Or, pass along your savings to a designated friend who may be financially challenged and would appreciate the loving gift.

ONE MORE AWESOME INVITATION....

Please watch this video for a special invitation to our ***True-Living for Retirees Retreat & Workshop*** at the beautiful Granny Lou's Bed & Breakfast Inn, Bonham, Texas! Space is very limited for each retreat. When you inquire via email, the event dates will be given.

<http://youtu.be/rwXJBpd20Ns?list=UUyPEUTXLRGNQxFJHXEdreMQ>



Contact & Scheduling Information:

If you would like to book Mary Ann for a speaking engagement or a Vision Workshop presented to your group, please contact her by

email at maryann@true-living.net or by phone **(903) 227-0273**
(please be so kind as to leave a message as she may be attending a coaching session).

You are invited to visit her websites:

<http://true-living.net>

(This site gives much more details about the upcoming classes and availability. Please remember to sign up for our e-newsletter. Rest assured that we protect your privacy—we never sell, rent or loan our email lists to anyone.)

<http://maryannpack.lifemasteryinstitute.com>

(This site gives in-depth information on the Dream Builder Course we will be using. Be sure to take advantage of the Free Dream Builder Tool Kit!!)

For Mary Ann's videos, please visit her YouTube Channel:

<http://www.youtube.com/maryannpack>

About Mary Ann Pack



Since 2006, Mary Ann has been working in the life coaching and natural wellness industry helping people create richer, more fulfilling and healthy lives.

Mary Ann is a certified Dream Builder Life Coach, holds a degree in Biblical Studies, with certifications for practitioner of the Law of Attraction and Psych-K. She is a published author, professional speaker and trainer. Mary Ann's *True-Living* columns have been published in newspapers in print and online.

As an author, she loves to share her messages of hope and healing. Her passion has been utilizing alternative healing arts and has been an herbal practitioner for over 20 years when she began the journey of healing her dis-eased body and mindset. She now lives her dream life with her husband, Randy, in rural Texas.

Mary Ann has two grown sons whom she home educated through high school graduation. When she and Randy married in February 2012 she was blessed with four bonus children as they blended the two families.

Mary Ann is a trainer and workshop facilitator for clubs, businesses, hospitals and churches bringing an inspiring message of creating lives worthy of the participants' soul's purpose. She offers interactive workshops to inspire, motivate and challenge. Her audiences learn to identify their dream, test if it's right for them, how to sustain success, dissolve resistance to prosperity, override negative beliefs and so much more.

As a life coach offering private and group coaching, Mary Ann utilizes proven in-depth coaching programs that evoke transformation for clients to achieve new heights of success, fulfillment and spiritual awareness.

She understands that people may experience a feeling of being stuck in life. As they experience discontentment with where they are now and where they would like to be, this is the perfect opportunity for creating the life they would love to live. Many have experienced a measure of success in their lives, but there's a longing for something more--something better. Mary Ann supports them to bridge that gap and navigate from the old paradigms (beliefs) into the new as the building of their dream life comes into reality.

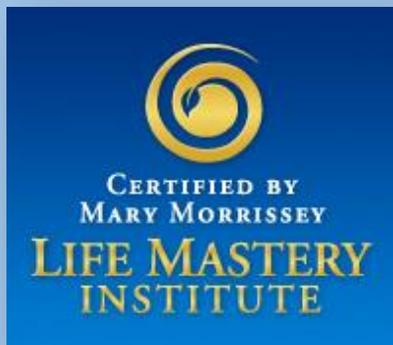
Her vision is to assist those who have experienced success in business, but now, want to take their lives to greater service in the world. Many desire to grow their businesses into the next level or start a new business venture.

She assists those who are facing retirement or are already in retirement who long for a fulfilling retirement for themselves and, at the same time, serving others with their wisdom, resources and time freedom.

Mary Ann loves to see young people in high school and college experience the Dream Builder course so they take charge of charting their life's course. She believes each generation should surpass the previous generation!

Each of us has an angel whispering in our ears, "Grow, grow, grow!" Mary Ann would encourage each of us to listen with the intent to understand and grow.

Dream - Grow - Live!



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