

Probiotics— the Friendly Microflora

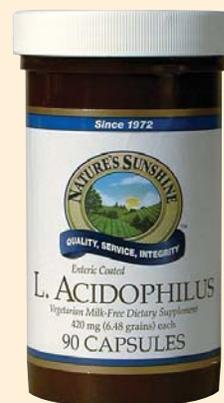
The intestinal tract is lined with over 400 species of friendly microorganisms. These microflora help break down food into easily absorbed nutrients. They strengthen our intestinal defenses and protect our bodies. But, factors such as stress, environmental conditions or the use of certain substances can affect the viability of these helpers. The result can negatively impact the intestinal and immune systems.

Probiotics:

- ❖ Support proper digestion.
- ❖ Maintain the growth of friendly microorganisms.
- ❖ Enhance nutrient absorption and production.
- ❖ Enhance immune response.
- ❖ Support the cardiovascular system.
- ❖ Help the body digest dairy products.
- ❖ Protect the urinary and female reproductive tracts.

L. Acidophilus

One capsule of L. Acidophilus delivers 100 million microorganisms to help populate and regulate the intestinal tract. Supplemental L. Acidophilus is ideal for vegetarians or those who cannot tolerate dairy products, which are the primary dietary source of this microorganism. Each capsule is coated to ensure its sustained release in the intestine, where the flora normally flourish.



Stock No. 1666-7 (90)

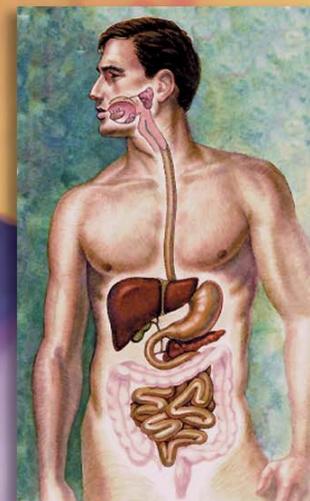
These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease.

Stock No. 1968-9

© 2004 Nature's Sunshine Products
Spanish Fork, Utah
www.naturesunshine.com

Contact your independent NSP
Distributor:

NSP Probiotics— A Friendly Approach to Health



NSP Probiotic Products

These probiotics may be just what you need to improve digestion, boost immunity and help maintain overall health and wellness.

L. Reuteri

Lactobacillus reuteri is naturally found in the intestinal flora of humans and other animals. It strengthens the body's natural defenses and maintains equilibrium in the gastrointestinal tract while helping other friendly strains populate the gut. This strain secretes reuterin, a substance with properties to help maintain a healthy balance of microorganisms in the gut. L. Reuteri is especially helpful in relieving occasional gastro-intestinal distress. NSP L. Reuteri comes in a chewable tablet, does not require refrigeration and is safe for both children and adults. Because L. Reuteri is such a prolific species, only 100 million organisms per day are needed for optimal benefits. Natural lemon flavor.

Stock No. 1559-0 (60)



Probiotic Eleven

Probiotic Eleven replenishes your intestinal tract with 11 healthful probiotics to support digestion, promote immunity and aid in the natural elimination of toxins. These microflora can also help regulate intestinal processes and greatly improve colon function. This special blend contains strains of *Bifidobacterium bifidum*, *Bifidobacterium infantis*, *Bifidobacterium longum*, *Lactobacillus bulgaricus*, *Lactobacillus brevis*, *Lactobacillus plantarum*, *Lactobacillus rhamnosus*, *Lactobacillus salivarius*, *Streptococcus thermophilus*, *Lactobacillus acidophilus* and *Lactobacillus casei* in a prebiotic blend of short- and long-chain fructooligosaccharides (FOS). Clinical and animal studies have shown that fructooligosaccharides improve the growth of friendly microflora, enhance mineral absorption and soothe the digestive tract. Each capsule is coated to ensure its sustained release in the intestine, where the microorganisms normally flourish. This product is recommended for individuals who occasionally experience a sluggish bowel, lactose intolerance and other minor concerns of the gastrointestinal tract. It is also recommended after colon cleansing. Each capsule provides 6 billion beneficial microorganisms.

Stock No. 1510-1 (90)



Bifidophilus® Flora Force®

Bifidophilus Flora Force provides billions of beneficial intestinal microorganisms that offer a whole range of health benefits. This product contains *Lactobacillus acidophilus* and *Bifidobacterium longum* plus *Lactobacillus casei* and *Lactobacillus rhamnosus* for a more complete probiotic formula and immune system support. Each capsule provides a good balance of 4 billion beneficial bacteria in a blend of long- and short-chain FOS and is coated to ensure its sustained release in the intestine. This product is recommended for daily use to maintain a healthy balance of friendly flora in the intestinal tract which supports the immune system and promotes vitamin production by the microflora.

Stock No. 4080-4 (90)

